

妙海寺自在堂 周辺マップ

Myokaiji Jizaido Map of the area

1 今井魚店

- 1 千葉県勝浦市出水1246
- 2 8:00-17:30 木曜定休
- 3 0470-73-0092

50年以上続く老舗鮮魚店。高品質でお手頃価格の千葉県ブランド水産物(イセエビ/あわび/ひき鯛カツオ)や旬の魚が並び、地元民が足繁く通うのも納得。

1 Imai fish store

1246 Idemizu,Katsuura City,Chiba
08:00-17:30 Closed on Thursdays
0470-73-0092
A long-established fresh fish store that has been in business for over 50 years. With its lineup of high-quality, reasonably priced Chiba brand seafood and seasonal fish, it is no wonder that locals are frequent customers.

2 勝浦朝市

- 1 開催場所は移動するので注意!
2 1-15日 下本朝市通り / 16日~月末 仲本朝市通り
- 3 6:30-11:00 水曜定休
- 4 0470-73-2550

400年以上の歴史を誇る勝浦の朝市は、日本三大朝市の一つ。新鮮な野菜・海産物のみならず担々麺やわらび餅など名物グルメも揃う。自家焙煎コーヒーの自転車屋台、お店もあり。食べ歩きをしながら地元愛溢れるお店の人との会話を楽しみ地元の機会。

2 Katsuura morning market

06:30-11:00 Closed on Wednesdays
0470-73-2550
The morning market in Katsuura, which boasts a history of more than 400 years, is one of the three major morning markets in Japan. The market offers not only fresh vegetables and seafood, but also specialty foods such as "Katsuura tantanmen" and warabi-mochi, and home-roasted coffee shops. It is a great opportunity to enjoy conversation with shopkeepers who are full of love for the local area while eating and walking around.

3 おさかな処 さわ

- 1 千葉県勝浦市出水1262
- 2 11:30-14:00 17:00-22:00
- 3 0470-73-7171

地元出身でサーファーのご店主が営む郷土料理、魚貝・地魚料理のお店です。港からも駅からもアクセスの良い立地で、なめろう、てんぷら、煮込みなど気の利いた料理の数々を味わえる。昼のおまかせ御膳でお得に勝浦の旬を感じるのもおすすめ。

3 Fish Restaurant Sawa

1262 Idemizu,Katsuura City,Chiba
11:30-14:00 17:00-22:00
0470-73-7171
A local cuisine and seafood restaurant run by the owner, a local native and surfer. Located easily accessible from both the port and the station, you can enjoy a variety of thoughtful dishes such as namero, tempura, and stewed fish. We also recommend the omakase set meal for lunch to experience the season of Katsuura at a reasonable price.

4 Bakery Maison AYA

- 1 千葉県勝浦市出水1268-5
- 2 8:00-16:00 日・月・火曜日定休
- 3 0470-62-6332

朝市近くにあるパン屋。地元の野菜や果物を使用した焼ききたてパンは種類も豊富。人気のパン屋なので午前中、または焼き時間に合わせて来店するのがおすすめ。(売り切れ次第閉店)朝食にいかがですか?

4 Bakery Maison AYA

1268-5 Idemizu,Katsuura City,Chiba
8:00-16:00 Closed on Sundays, Mondays and Tuesdays
0470-62-6332
Bakery located near the morning market. There is a wide variety of freshly baked bread made with local vegetables and fruits. The bakery is popular, so it is recommended to visit in the morning or during baking hours. (Closes when sold out.) How about breakfast?

5 Maison R

- 1 千葉県勝浦市勝浦92-6
- 2 ランチ (水・木・金・土・日) 11:30-13:30 L.O.
3 ディナー (金・土・日) 17:00~
- 4 0470-64-4858

イタリア料理とデザートが食べられる気取らないレストラン。ランチは、週替わりのパスタセット。ディナーは、パスタ・お肉料理・デザートが食べられます。特にサラダは、ボリュームもあり自家製ドレッシングが絶品です。人気のサラダはテイクアウトもあり。予約優先なので、来店の際はぜひご予約を。

5 Maison R

92-6 Katsuura,Katsuura City,Chiba
Lunch (Wed, Thu, Fri, Sat, Sun) 11:30-13:30 L.O. / Dinner (Fri, Sat, Sun) 17:00-0470-64-4858
An unpretentious restaurant serving Italian cuisine and desserts. Lunch is a weekly pasta set. For dinner, pasta, meat dishes, and desserts are available. The salads, in particular, are generous in volume and the homemade dressings are superb. Salads are also available for take-out. Reservations are preferred, so be sure to make a reservation when you visit.



6 勝浦すし食堂 のだちゃん

- 1 千葉県勝浦市浜勝浦321-3
- 2 8:30-15:00 夜は予約制 月火曜定休
- 3 0470-64-6848

ご店主(のだちゃん)が握る鮮度の高い握りは絶品で丼物や揚げ物も味わえる。うまい、安い、ボリュームの三拍子が揃った満足度の高さに、住職のお墨付きなのも納得。席数が少ないため、電話予約かテイクアウトがおすすめ。

6 Katsuura Sushi Restaurant Noda-chan

321-3 Hamakatsuura, Katsuura City, Chiba
08:30-15:00 Reservations required at night, closed on Mondays and Tuesdays
0470-64-6848
The owner (Noda-chan) makes excellent fresh sushi, and you can also enjoy rice bowls and fried dishes. The restaurant offers the three essentials: delicious, inexpensive, and full of value. The high level of satisfaction is no wonder why this restaurant is recommended by the resident priest. Because of the small number of seats, reservations can be made by phone or takeout.

7 勝美(寿司屋)

- 1 千葉県勝浦市沢倉638-1
- 2 11:30-14:00 17:00-20:00 木曜定休
- 3 0470-73-0415

地元で長年愛され続けているお寿司屋さん。アットホームな雰囲気新鮮な海の幸が楽しめます。

7 Katsumi (sushi)

638-1 Sawakura, Katsuura City, Chiba
11:30-14:00 17:00-20:00 Closed on Thursdays
0470-73-0415
A sushi restaurant that has been loved by the locals for many years. You can enjoy fresh seafood in a homey atmosphere.

13 部原海岸

1 千葉県勝浦市部原
勝浦市部原に南北に約2km続く部原海岸は、過去にサーフィンの大会が何度も開催されているサーファーに人気のスポット。簡易シャワーが完備した無料駐車場あり。

13 Hebara Beach

Hebara,Katsuura City,Chiba
The 2-kilometer-long, north-south coastline of Behara in Katsuura City is a popular spot for surfers, where surfing competitions have been held many times in the past. There is a free parking lot with simple showers.

12 RAGTIME (ラグタイム)

- 1 千葉県勝浦市部原1928-32
- 2 11:00-15:00 17:00-23:00 月曜定休
- 3 0470-73-8666

部原海岸を一望できるイタリアンカフェ&バー。ピザやパスタなど豊富なメニューに加えクラフトビールのタップも完備しているが、実は住職お気に入りの「勝浦タンタンメン」の名店。

12 RAGTIME

1928-32 Hebara,Katsuura City,Chiba
11:00-15:00 17:00-23:00 Closed on Mondays
0470-73-8666
Italian cafe & bar overlooking the Behara Coast. In addition to a wide variety of menu items such as pizza and pasta, it is fully equipped with craft beer on tap. In fact, it is a famous restaurant for "Katsuura tantanmen," a favorite of the chief priest.

11 肉屋の食堂 みおや

- 1 千葉県勝浦市部原1046-1
- 2 11:00-14:30 17:00-21:00 木曜定休
- 3 0470-73-1617

40年以上愛される味を守り続ける勝浦タンタンメンの老舗店。種類はもとより丼物、定食も大充実で、家族連れにも嬉しい。ボリューム満点なのでお腹を空かせて訪れてみて。自宅で作れるタンタンメンの素も購入可。

11 Meat restaurant Mioya

1046-1 Hebara,Katsuura City,Chiba
11:00-14:30 17:00-21:00 Closed on Thursdays
0470-73-1617
A long-established "Katsuura tantanmen" store that has maintained the same taste for over 40 years. The restaurant offers a wide variety of noodles, rice bowls, and set menus, making it a great place for families. The portions are generous, so please visit with an empty stomach. You can also purchase "Katsuura tantanmen" stock to make your own tantanmen at home.

10 久我豆腐店

- 1 千葉県勝浦市新官212
- 2 不定期

自在堂から歩いて2分のところにある地元のお豆腐屋さん。手作りの豆腐が購入できます。

10 Kuga Tofu Shop

212 Shinkan,Katsuura City,Chiba
Irregular holidays
A local tofu shop located 2 minutes walk from Jizaido. Handmade tofu is available for purchase.

9 電動キックボード

9 勝浦市営駐車場など7ヵ所程度

分単位でレンタルでき、市内のポートでの乗り捨て可能。勾配のある地形ゆえ、移動は徒歩よりも車やキックボードがおすすめ。

※設置場所リスト
<https://prtimes.jp/main/html/rd/p/00000018.000082085.html>

9 Electric Kickboard Rental Port

Can be rented by the minute and can be dropped off at any port in the city. Due to the sloping terrain, cars and kickboards are recommended for transportation rather than walking.
※List of locations
<https://prtimes.jp/main/html/rd/p/00000018.000082085.html>

8 八幡岬公園

- 1 千葉県勝浦市浜勝浦221
- 2 0470-73-1658

勝浦湾の東側に突き出ている細長い半島・八幡岬の絶景スポット。天然の要害として重宝され、勝浦城主・正木氏の居住地でもあったとか。ウォーキングコースを散策しながら太平洋を一望できる。住職お気に入りの時間帯は夕方。海に沈む夕日を前に、心の凝りもほぐして。

8 Hachiman Cape Park

221 Hamakatsuura, Katsuura City, Chiba
0470-73-1658
A spot with a spectacular view of Cape Yawata. It is a natural strategic point, and was the residence of the Masaki family, the lords of Katsuura Castle. Visitors can enjoy a panoramic view of the Pacific Ocean while strolling along the walking course. The sunset over the ocean is a favorite time of the day, the stiffness in the heart is also relaxed.